

# PRESS RELEASE

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## LOCAL CHALLENGERS TO HELP DISABLED CHILDREN AS CHARITY OF THE YEAR ANNOUNCED FOR THE SIXTH YEAR RUNNING

Another year of endeavour, endurance, sweat, toil and tears has come to a close.

The Ordinary to Extraordinary charity (O2e) that takes individuals and groups out of their comfort zone to live life to the full has announced a major £18,000 donation to Freddie Farmer Foundation.

Freddie Farmer Foundation, in Elliott Road, Bromley, which caters for disabled children with cerebral palsy and mobility problems, was given the donation by Ordinary to Extraordinary at the O2e Launch night, on 23 January 2019 at the offices of Man Group in London. O2e has also confirmed that they will support the Foundation again this year, for the sixth year running.

Freddie Farmer Foundation's charity centre manager Karen Smith said the funds would make a significant difference to improve the lives of the young people who benefit so much from their dedication and care.

"The funds will make a significant difference to the lives of our children and provide important stability to the charity budget," said Karen. "It's great news for all of our children."

O2e is a community of philanthropic volunteers who enjoy furthering themselves through exercise and adventure to improve the lives of disabled and disadvantaged children.

O2e Chair, David Davies, said: "We are delighted to be working with Freddie Farmer Foundation again this coming year and to be helping to facilitate the excellent work they do."

Over the years O2e has supported many great charities and really has made a difference to many children's lives, raising approximately £2,352,000 since 2006.

They raise funds by taking individuals and groups on Challenges that take them out of their comfort zone and achieve something they never thought possible, like a 5k run or crossing the Alps. Funds are raised through sponsorship.

To find out more about O2e, please visit [www.o2e.org](http://www.o2e.org)

For further information about the Freddie Farmer Foundation please contact charity centre manager Karen Smith on 020 8313 3707, email [karen@freddiefarmerfoundation.org.uk](mailto:karen@freddiefarmerfoundation.org.uk) or visit the website [www.freddiefarmerfoundation.org.uk](http://www.freddiefarmerfoundation.org.uk).

**ENDS**

### **NOTES TO EDITORS**

For more information, image or interview requests, please contact Carol Ann Walters on 020 8289 0460, 07780 703 600 or email [carol@cawpr.co.uk](mailto:carol@cawpr.co.uk)

### **ABOUT FREDDIE FARMER FOUNDATION**

The Freddie Farmer Foundation physiotherapy centre opened in April 2015 to provide intensive physiotherapy programmes for disabled children. The centre is one of a handful of independent UK therapy centres offering specialist equipment and therapeutic exercises, supporting disabled children from all over London and the South-east.

To find out more about Freddie Farmer Foundation, please visit [www.freddiefarmerfoundation.org.uk](http://www.freddiefarmerfoundation.org.uk)