PRESS RELEASE

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FUNDRAISERS PREPARE FOR GRUELLING THREE PEAKS CHALLENGE

A team from Project Leaders are preparing to tackle one of the toughest challenges in the UK to raise money for the Freddie Farmer Foundation charity.

The team of 12 will start their endurance feat at the foot of Ben Nevis on September 24 and aim to be at the bottom of Snowdon 24 hours later, having climbed three of the highest peaks in Scotland, England and Wales - a challenge that involves 22 miles uphill!

The team will be raising money for the Freddie Farmer Foundation's "LokoHelp campaign" to purchase a "game-changing" piece of equipment called a LokoHelp electromechanical gait trainer to enable disabled children to walk.

"It's great to see the work they do for the children at the foundation!" said organiser Laura Murphy.

Donations to the 'Project Leaders Three Peaks Challenge' can be made via their Virgin Money Giving page -

http://uk.virginmoneygiving.com/team/ProjectLeadersThreePeaksChallenge.

For further information about the Freddie Farmer Foundation please contact charity officer Karen Smith on 020 8313 3707, email karen@freddiefarmerfoundation.org.uk or visit the website www.freddiefarmerfoundation.org.uk.

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NOTES TO EDITORS

For more information, image or interview requests, please contact Carol Ann Walters on 020 8289 0460, 07780 703 600 or email carol@cawpr.co.uk

ABOUT FREDDIE FARMER FOUNDATION

The Freddie Farmer Foundation physiotherapy centre opened in April 2015 to provide intensive physiotherapy programmes for disabled children. The centre is one of a handful of independent UK therapy centres offering specialist equipment and therapeutic exercises, supporting disabled children from all over London and the South-east.

To find out more about Freddie Farmer Foundation, please visit www.freddiefarmerfoundation.org.uk